



Fractured Teeth

Over the years, teeth can be worn by chewing on hard foods, clenching or grinding and this may lead to fractures of the tooth structure. Large fillings that have been in place for many years may weaken and put stress on a tooth, causing it to fracture. Trauma to the jaw or teeth may also cause fractured tooth surfaces.

If you suffer from a fractured tooth, we will identify the extent and position of the fracture in order to determine the appropriate treatment. Simple fractures can be restored and repaired with bonded fillings, veneers or crowns. If the fracture is more severe, then a more permanent and long-term restoration may be required following more extensive treatment. The final result will always be a natural looking smile.



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WORN & FRACTURED TEETH



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Simple restorative solutions to create stunning new smiles

RE-CONTOURING or reshaping of the teeth is a procedure in which small amounts of tooth enamel are removed; changing a tooth's length, shape or surface. It is a simple solution for correcting minor imperfections, such as small chips or worn teeth, smoothing out bulges or pits in a tooth's enamel, adjusting slight irregular teeth shapes or adjusting or rounding pointed teeth.

Re-contouring can also improve overall dental health by removing crevices or overlaps between teeth in which plaque or tartar can accumulate.

Re-contouring is a quick, conservative and painless procedure achieving immediate results, which can dramatically improve your smile appearance. Since re-contouring does not affect the nerve of the tooth, anaesthetic is not usually required.

BONDING can repair teeth with slight imperfections or minor fractures in a single appointment. Made from silica and hard plastic and mixed to a paste-like consistency, the bonding material is skilfully sculpted so your restored tooth blends with your surrounding teeth to maintain your natural smile. These restorations are sometimes called composite veneers.

Used mostly on front teeth that may have been fractured or chipped, the bonding material creates an even and more attractive smile. The material is placed in layers and hardened by a special curing light, and once the perfect shape is attained, your bonded teeth are polished to a natural looking lustre.

Although bonding is a durable solution, care is required when eating hard foods and it is important to adhere to a thorough at home care routine of brushing and flossing to ensure your new smile and gums remain healthy.

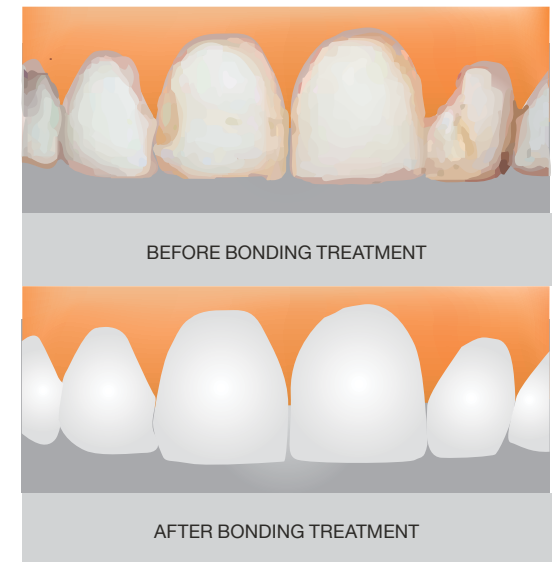


Worn Teeth

Clenching or grinding of teeth, known as bruxism, is a common cause of worn teeth. Most people have no conscious control over the action and may not even be aware of it, since it commonly occurs at night.

Symptoms of worn teeth include pain in the teeth, sensitivity to hot and cold, facial muscle pain, jaw stiffness, tension headaches, abnormal alignment of teeth, flattened teeth surfaces, loose, chipped or broken teeth.

We can help protect your teeth against further damage by recontouring and/or shaping your teeth, as well as designing and fitting a special night splint, which you can wear at night.



Worn teeth surfaces can be reshaped if minor damage has occurred, or can be restored with bonded filling materials, such as composite (tooth coloured) fillings, and veneers. Depending on the extent of the damage, other restorative options may need to be considered, such as crowns or bridges. Colour, shape and translucency are all taken into account to create a smile that is as natural as possible.